Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

3 John 1:2

In my twenty years of extensive research in disease pathology, I have discovered that there are five general conditions that cause poor health; and the first three only account for approximately 5% of all the health problems that plague America. They are:

1. Hereditary Weakness of Genes (aka “genetic predispositions”)
2. Congenital Deformity (aka “vaccine injuries”)
3. Permanent Organ Injury

The other two, the remaining direct causes of 95% of mankind’s disease and suffering, arise from Cellular Toxicities and Cellular Insufficiencies, over which the principles of a healthy diet and lifestyle play a tremendous part.

Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

1 Corinthians 3:16-17

These two conditions are the primary result of an impoverished diet, backward way of living, continuous exposures to environmental poisons, food and beverage contaminants, and an overabundance of chemicals absorbed through the skin such as chlorine, fluoride, water pollutants, the seemingly unlimited invisible toxins found in many hygiene products (i.e. soaps, shampoos, deodorants, and even toothpastes), as well as cosmetics and household cleaners. Cellular toxicities and cellular insufficiencies always occur together, compounding in an infinite variety of combinations leading to almost all illness.

As cellular contamination and deficiencies progress, they place the cells, tissues, organs, systems, and eventually your entire body into a state of stress, disorder, or Dis-Ease. As explained in my previous Biblical Health TV report, “The Revolutionary Field of Cytopathy” (Week 2), when the cells malfunction and cannot perform their tasks, organ malfunction eventually occurs with a resulting cascading system-malfunction.

This sub-par congestive health condition is what I refer to as the “Medical Twilight Zone”, where the patient is neither healthy nor in a state of severe chronic illness. They are somewhere in-between where they have fallen between the cracks of the 12,001 categorized disease labels,
and are well on their way to a life-threatening illness in the measured “trauma zone” of modern medicine.

In a full array of lab assays conducted or prescribed by a medical doctor, such as X-rays, MRI’s, CT Scanning, immune profiles, blood pathology, and hormonal assessments, the patient will most likely show no signs of abnormality. Why? Because none of these tests have established parameters for measuring an early decline of health, nor can they detect cellular toxicities and cellular insufficiencies. Consequently, the patient will either be simply blamed for getting older, given a clean bill of health, be labeled by their doctor as manifesting a psychosomatic disorder or being a hypochondriac, or worse – they will be given palliative symptom-suppressive pharmaceutical relief agents (aka “drugs”) These will merely shove the disease deeper with the patient unaware of the fact that he is getting sicker; because the pills, lotions, and potions only mask his symptom(s), but do nothing to treat the real underlying cause of their problem.

There are more than 4000 abnormal Dis-Eases that won’t register on blood tests, urinalysis, PET Scans, X-rays, computerized tomography (CT), and magnetic resonance imaging (MRI). And, of course, this technology cannot reveal the unseen emotional toxins such as anger, bitterness, stress, anxiety, unforgiveness, et al, that eventually lead to physical illness and can never be identified through medical diagnostic equipment.

\[\text{Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.} \]
\[\text{1 Thessalonians 5:23}\]

Unfortunately, laboratory tests are only calibrated and limited to detecting chronic or severe crisis situations where it’s often too late to take preventative measures. Their advanced equipment can easily detect liver cirrhosis, hepatitis, strokes, kidney failure, heart attacks, rheumatoid arthritis, metastasized cancer tumors, etc., but not the medical twilight zone of Dis-Ease caused by cellular toxicities and cellular insufficiencies.

If you have toxic residues accumulating in your intestines, liver, blood, tissue, and cells, and nutritional building elements are not able to penetrate the cell membrane to remove metabolic waste and regenerate the cells; then nutrient absorption, metabolic efficiency, energy, and hormone/neurotransmitter synthesis is greatly reduced. This, in turn, will manifest symptoms of extreme lethargy, muscle weakness, gastric distention, aches and pains, depression, and memory and concentration problems. These are cries for help from your body, NOT diseases; they are God’s intelligence to warn us of a deeper cellular malfunction. Remember; only after massive numbers of cells malfunction or die do you begin to notice symptoms of disease. In other words, you’re already sick before you “get sick”.

Allopathic (conventional) physicians are taught that if you can’t see it in an X-ray or detect it through lab assays, if you can’t hear it in a stethoscope, or if you can’t feel it in a palpation, then it’s simply not there; even if the patient’s whole body is in a state of stress or Dis-Ease. Since medical students are not instructed in toxicology and the dangers of accumulated toxins that cause free radical damage to the cells, or the necessities of nutritional building blocks to establish and maintain health, the entire “sick-care industry” can keep disease right where it is most
lucrative. In the *medical twilight zone*, no cures can be discovered and a medical monopoly of risky surgeries and lethal pharmaceuticals can continue unabated, profiting their industry hundreds of billions of dollars each year!

It is estimated that more than 75% of all office visits to medical doctors are in the *medical twilight zone* category of: neurological disorders, chronic fatigue, fibromyalgia, pH acidity, gastric disorders, immune-suppression, mental and autoimmune disorders, skin disorders, and acute bacterial, fungal, parasitic, and viral infections that are all caused by two things – you guessed it – cellular toxicities and cellular insufficiencies. The medical profession addresses neither, yet continues to thrive as *Sickness Inc.*

Typical symptoms of such *twilight zone* disorders are headaches, dizziness, nervousness, severe fatigue, flatulence, constipation, diarrhea, insomnia, brain fog, joint aches, and a lost feeling of well-being, which are all intelligent warning signals of a healing crisis. These symptoms are the cells’ cry or scream to the brain to warn you of a cellular malfunction in a certain organ or system.

These subjective symptoms cannot be revealed by laboratory analysis until they have reached chronic degenerative proportions or metabolic disease states, nor can palliative pharmaceutical agents -- over-the-counter or prescribed -- treat them, because these symptoms are indicative of cellular insufficiencies coupled with toxic cellular accumulation. Pharmaceutical agents do nothing to remove toxic plaque residues (known as *biofilm*) in and around the cells, nor fix cellular insufficiencies. In fact, they add more toxins to and rob more nutrients from our body, thereby causing more Dis-Ease. Only natural, non-toxic treatment protocols can genuinely reverse any illness.

*In the middle of its street, and on either side of the river, was the tree of life, which bore twelve fruits, each tree yielding its fruit every month. The leaves of the tree were for the healing of the nations.*  
Revelation 22:2

All *medical twilight zone* Dis-Eases are endogenous (meaning they originate internally, not externally), and are the body’s built-in intrinsic wisdom instituted as a response to a healing crisis; they are a purging of toxins to prevent the chronic disease from settling in. These built-in body-instituted symptoms, such as a runny nose, mucous discharge, coughing, sweating, diarrhea etc. are misinterpreted as disease, when in reality they are the body’s effort to eliminate toxins or decaying morbid waste through the proper elimination pathways of skin, colon, kidneys or lungs.

To the medical establishment – fever, diarrhea, mucous secretions, coughing, nasal drippage, and excessive perspiring are looked at as unnecessary nuisances to attack or suppress, when in fact they are intelligent purging mechanisms to expel toxic debris from the blood and tissues that have overloaded our elimination and detoxification pathways. In their ignorance/incompetence/negligence, medical doctors are drugging symptoms at the cellular level, or surgically removing organs, rather than addressing the toxicities and cellular insufficiencies that are causing the problems.
If they only knew that once the toxic waste residue is excreted, the cells would be allowed to absorb oxygen and nutrients again, and that the body’s organs and systems would self-heal and return to homeostasis (balance and order); they would actually be able to be the healers they profess to be.

But now that YOU know what’s going in, how will this effect the way that you not only approach the Dis-Ease that you may be experiencing, but will act to prevent it in the first place?